

Financial Report 2023:

MindMore Foundation was established in late 2017 and this report covers the year 2023. In 2022, the final installment of €50,000 was received. Several donations were received in 2023, and given the foundation's capital position, the founder refrained from making a new (periodic) donation in that year. However, the founder remains closely associated with the foundation and is willing to make a new donation as soon as the the financial position would require such. A total of €2,580 in donations was received in 2023.

During 2023, contributions were made to a project at Radboud University regarding a study on the impact of MBCT training for patients with inflammatory bowel diseases. In addition, compensation was provided to Pharos for a study on effects of mindfulness on people with chronic stress who are in a socially vulnerable position.

In 2023, further donations were made to the following organisations, organisations with which MindMore feels connected, and which are active in the field of mindfulness in a way that the Mindmore board wholeheartedly endorses.

Oxford Mindfulness Centre: <https://www.oxfordmindfulness.org/>

Breathworks: <http://www.breathworks-mindfulness.org.uk/>

Four board meetings were held in 2023.

For financial information, please refer to the balance sheet and profit and loss account below.

Report and financial information were adopted by the board at June 23rd 2024.

Balance sheet per 31-12-2023

Active

Bank	87.437
------	--------

Liabilities and equity

Equity	87.4371
--------	----------------

87.437

87.4371

Statement of income and expenses

Donations received	2.5905
--------------------	--------

Gifts provided	49.200
----------------	--------

Costs organisations/website etc.	614
----------------------------------	-----

Balance

- 47.224

Adopted by the board on June 23rd, 2024