

**Financial Report 2024:**

MindMore Foundation was established in late 2017 and this report covers the year 2024. In 2022, the final installment of € 50,000 was received. Several donations were received in 2023, and given the foundation's capital position, the founder refrained from making a new (periodic) donation in that year. However, the founder remains closely associated with the foundation and is willing to make a new donation as soon as the the financial position would require such, and as long as the expensen are in line with the foundation's objectives. A total of € 4,486 in donations was received in 2024.

During 2024, contributions were made to a project at Radboud University regarding a study on the impact of MBCT training for patients with inflammatory bowel diseases. In addition, compensation was provided to Pharos for a study on effects of mindfulness on people with chronic stress who are in a socially vulnerable position. A commitmenr has been made to a project by Care4Parents Internal, called 'Empowering Parents of Children with 22q11.2 Deletion & Duplication Syndrome Around the World Through Mindfulness'.

In 2024, further donations were made to the following organisations, organisations with which MindMore feels connected, and which are active in the field of mindfulness in a way that the Mindmore board wholeheartedly endorses.

Oxford Mindfulness Centre: <https://www.oxfordmindfulness.org/>

Breathworks: <http://www.breathworks-mindfulness.org.uk/>

Four board meetings were held in 2024.

For financial information, please refer to the balance sheet and profit and loss account below.

Report and financial information were adopted by the board at February 10th 2025.

Balance sheet per 31-12-2024

**Active**

|      |        |
|------|--------|
| Bank | 61.209 |
|------|--------|

**Liabilities and equity**

|        |  |               |
|--------|--|---------------|
| Equity |  | <b>61.209</b> |
|--------|--|---------------|

|  |               |               |
|--|---------------|---------------|
|  | <b>61.209</b> | <b>61.209</b> |
|--|---------------|---------------|

**Statement of income and expenses**

|                    |  |       |
|--------------------|--|-------|
| Donations received |  | 4.486 |
|--------------------|--|-------|

|                |        |  |
|----------------|--------|--|
| Gifts provided | 30.000 |  |
|----------------|--------|--|

|                                  |     |  |
|----------------------------------|-----|--|
| Costs organisations/website etc. | 714 |  |
|----------------------------------|-----|--|

|                |  |                 |
|----------------|--|-----------------|
| <b>Balance</b> |  | <b>- 26.228</b> |
|----------------|--|-----------------|