



Financial report 2020

The MindMore Foundation was founded at the end of 2017, and this report covers the year 2020.

Upon incorporation, a periodic funding commitment was granted to the foundation. In total, donations of up to € 56.695 were made in 2020.

During 2020, a project in the Netherlands carried out by UvA-minds and a MBSR training project for parents with children with 22q11DS syndrome, were supported. Further donations include a parenting project in Bristol (under the auspices of the Oxford Mindfulness Centre), training costs for a trainer working in Sri Lanka who is active in the field of mindfulness and the YOUMIND project carried out by the Catholic University of Leuven (<https://ppw.kuleuven.be/leuven-mindfulness-centre/adults/adults-clinical-contexts#section-0>). Finally, two institutions in the UK (Oxford Mindfulness Centre and the Breathworks Foundation) were given an amount as general support. MindMore hopes that this will contribute to the ability of these organizations to increase awareness of their activities in the Netherlands as well. A total of € 48.355 was paid out in 2020.

Before the COVID-19 measures limited travel, the board visited the universities of Maastricht and Leuven, while consultations were held remotely with the universities of Nijmegen and Tilburg. This is in order to make the foundation known at those universities and to see if any projects could still be supported. In concrete terms, the commitment to YOU MIND originated from this initiative.

Ellen Rouwet has resigned from the board. Cor Roozmond succeeds her as chairman, and Marieke Makkink has joined the board. In the year 2021, the board expects to be able to continue the growth in benefits achieved in 2020 compared to previous years.

Balance sheet as per 12-31-2020

Assets

Bank 97.549

Liabilities and equity

Loan 2.000

Equity 95.549

97.549 97.549

Statement of income and expenses

Donations received 54.695

Gifts 48.355

Costs organization/website etc. 1.923

Balance 6.416

Adopted by board at meeting of January 26th, 2021